

A N N U A L
N A R R A T I V E - R E P O R T

for

COCHISE COUNTY

Mrs. Maryetta Gaskill
County Home Demonstration Agent

December 1, 1954

to

November 30, 1955

TABLE OF CONTENTS

	Page
Attendance at Project Meetings Held in 1955	1
Report Summary	2-3
Extension Organization and Planning	4-23
Organization	4
Program Planning	5
County Council	5-11
Spring Meeting	5-7
Fall Meeting	7-11
County Fair .v.	11-13
Judging at Fairs	13
National Home Demonstration Week	13
Study Your Community	13-15
Officer and Project Leader Training	15-16
Miscellaneous	17-23
I. Annual Conference	17
II. Home Demonstration Agent's Conference	17
III. Balanced Farming	17
IV. Information Program	17-23
Samples of Circular Letters	20-22
Samples of News Articles	23
House and Furnishings	24-28
Hard Surface Floor Coverings	24-26
Picture Framing	27-28
Foods and Nutrition	29
Food Production	29
Food Preservation and Storage	30
Food Selection and Preparation	31-42
Home Mixes	32-34
Beef Cockery	35-38
The Family Meal Hour	39-41
Health and Safety	43
Family Economics and Home Management	44-45
Easier Housework	44-45
Clothing and Textiles	46-53
Re-Organize Your Sewing Center	46-47
Making the Best Use of Your Sewing Machine	48-49
Making and Using Dress Forms	49
Sewing Machine Clinics	49-50
Pre-Program Planning	50-52

	Page
Family Relationships	54
Recreation and Community Life	54-55
Home Beautification	55-62
Outlook and Recommendations	63-64
Organization	63
House and Furnishings	63
Food Selection and Preparation	63
Clothing and Textiles	64
Recreation and Community Life	64
4-H Project Summary	64-65
Clothing and Textiles	64
Food Selection and Preparation	64
Room Improvement	64
Outlook and Recommendations	64-65

Attendance at Project meetings Held in 1955, Cochise County

Maryetta Gaskill
Cochise County
1955

A--Project pres- ented by Agent L--Project pres- ented by Leaders NP--Club did not participate NR--Club did not report attend- ance	Study Your Commun- ity & Officer & Proj. Leader Train- ing	Local Program Plann- ing	Hard Surface Floor Cover- ings	Beef Cook- ery	The Family Meal Hour	Re- organize Your Sewing Center	Making The Best Use of Your Sewing Machine	Pictures For The Home	Home Beauti- fication	Sew- ing Mach- ine Clinics	Mending Darning and Re-weav- ing	Dress Forms
Blisbee Junction Homemakers	NP	A-18	A-11	L-11	L-13	A-7	NP	NP	Tate-7			
Cochise Pioneers Club	5	A-13	A-19	L-21	L-21	A-20	L-21	L-12	Tate-16	A-4		
Double Adobe Homemakers	3	A-9	A-17	L-17	L-13	A-11	L-13	L-13	Tate-14	A-3		
Rucker Canyon Homemakers	1	A-9	A-5	L-8	L-8	A-8	L-7	L-8		A-6		
San Pedro Valley Homemakers	2	A-11	A-12	L-13	L-9	A-12 L-12	L-12	L-11		A-8		
Sew What? Club	3	A-24	A-17	L-18	L-21	A-18	A-16	NP		A-5		A-12 A-3
Silver Creek Homemakers	2	A-22	A-16	L-21	L-21	A-15	L-19	L-18		Church- 9	A-17	
Stewart Homemakers Silphur Springs Homemakers	4 1	A-11	A-13 A-6	L-13 NP	L-11 NP	A-3 NP	L-13	L-13	Tate-17			
Westside Club	2	A-14	A-12	L-17	L-14	A-12 L-15	L-14	L-13		Church- 11		
St. David Relief Society								1 Ldr. NR	Tate-23			
Emmerne Relief Society								1 Ldr. NR				
Webb Mothers Club								A-10				
Totals	23 9 coms.	131 9 coms.	128 10 coms.	139 9 coms.	131 9 coms.	133 9 coms.	115 8 coms.	100 10 coms.	77 5 coms.	46 7 coms.	17 1 com.	15 1 com.

REPORT SUMMARY - December 1, 1954 to November 30, 1955

Days spent in conducting work with adults 178 $\frac{1}{4}$
Days spent in 4-H Club Work 94 $\frac{1}{4}$

Adult work was carried on in 13 communities by means of the following:

- 10 Homemaker's Club
- 2 Relief Societies
- 1 Community Organization

The spring meeting of the Cochise County Council of Homemakers was held February 22nd at the school house in Cochise, Arizona. 54 homemakers from 6 communities attended.

42 homemakers from 7 clubs attended the fall council meeting held September 17th at the Intermediate School in Douglas.

The Agent held or participated in 62 meetings with 1283 persons attending. 108 homemakers attended 14 leader training meetings conducted by the Agent/or the specialists. 73 meetings were conducted by local leaders with a total of 1036 homemakers in attendance.

49 persons from 9 communities attended the countywide picnic held May 22 at Cave Creek near Portal. The picnic is held in commemoration of National Home Demonstration Week.

Subject Matter

Clothing - 1955 clothing projects selected by Cochise County homemakers were "Re-organizing Your Sewing Center" and "Making the Best Use of Your Sewing Machine." The first was presented by the Agent to 9 communities with 133 attending; the latter was presented through a specialist conducted leader meeting and 115 homemakers in 7 communities participated in this program. Sewing Machine clinics were conducted by the Agent in 5 communities and by the specialist in 2 communities. 46 homemakers attended.

House and Furnishings - 128 homemakers from 10 communities participated in the "Hard Surface Floor Coverings" project which was presented to clubs by the Agent. 100 homemakers from 10 communities took part in the "Picture Framing" project which was presented through leader training by the specialist.

Maryetta Gaskill
Cochise County
1955

Food Preservation and Storage - 15 homemakers from Pomerene attended a pressure canner clinic. 10 canners were tested.

Food Selection and Preparation - The "Beef Cookery" project was presented through specialist conducted leader meetings and reached 139 homemakers in 9 communities. 131 homemakers in 9 communities participated in "The Family Meal Hour" project. The project was presented through leader training meetings conducted by the Agent.

Health and Safety - 3 clubs reported activity in this field. The Council sponsored a Safety program to be conducted by local clubs.

Recreation and Community Life - All groups plan and hold special Christmas activities; most groups have one or more picnics during the summer. 4 groups reported activity in this field.

Home Beautification - 77 homemakers from 5 communities attended Home Beautification meetings presented by the Extension Horticulturist. Result demonstrations were set up at Stewart, Pearce and possibly St. David.

A total of 58 home visits were made. There were 210 office calls and 107 telephone calls received. 75 news articles were prepared and distributed to 6 newspapers and 2 radio stations.

4.

Maryetta Gaskill
Cochise County
1955

EXTENSION ORGANIZATION AND PLANNING

Organization

There are 8 active homemakers clubs in Cochise County.

The Frontier Homemakers Club notified the Agent in November of 1954 of their intention to drop the Extension Program temporarily. This group went into debt to secure a club house and have had to devote most of their time to fund raising activities. Most of their debt had been paid off by the fall of 1955 and although many improvements still need to be made on their club house, it is hoped they will be able to resume Extension Work sometime during 1956.

At their January meeting, Webb Mother's Club voted to withdraw from the Extension Program. The president expressed regret and said "some of our newer and younger members do not realize what we are going to miss." The Agent contacted this group in November regarding their interest in the 1956 homemaking program. Six homemakers were in attendance. The lack of interest expressed by two of the younger women was rather amazing in view of the fact that they knew so little of the homemaking program. Three former homemakers were interested in the Extension program but did not speak out strongly to state their views. The club did not have enough members present to make up a quorum and, therefore, could not vote. They will inform the Agent of their decision at a later date.

The Agent has suggested that a separate homemaker's organization be formed in this community.

Bisbee Junction has disbanded once again.

The Sulphur Springs Homemakers Club is regarded by the Agent as being inactive.

Preliminary contacts for organizing homemaker groups have been made at Bowie and in the northern part of the Kansas Settlement. At Bowie, Mrs. T. D. Shown, a homemaker who was formerly active in Yuma County, offered to contact homemakers in the Bowie area and notify the Agent when they were ready to organize. Followup work will be done in this community in December 1955 or early in 1956.

A number of homemakers living in the northern part of the Kansas Settlement were contacted by the Agent in the spring of 1955. All were interested in Extension Work but no one would take it upon herself to follow through with the organization of a homemaker's club. A letter was sent to all homemakers in this area during the summer encouraging the women to check with their neighbors and friends. Later, the Agent contacted two homemakers in the area, discussed the situation with them and requested that they assume the responsibility for making pre-organization contacts and arrangements.

Organization of this group will evidently be a slow process as the women are not well acquainted with one another, they are all busy women and, most important, everyone seems reluctant to go ahead.

Maryetta Gaskill
Cochise County
1955

Program Planning

Local

During November 1954 the Agent met with representatives of the Stake I.D.S. Relief Society in St. David to present an outline of the 1955 Extension Program in homemaking.

During January the Agent assisted 10 homemaker clubs with program planning. 151 homemakers were in attendance. 205 Year Books were distributed.

Method of Procedure:

1. The mailing list was checked against the club's secretary's list.
 - a. Homemakers who are not active in a homemakers groups were contacted and asked if they wished to remain on our mailing list.
2. Year books were filled out.
 - a. Officers and project leaders for 1955 were recorded.
 - b. Meeting places were designated.
 - c. Projects and activities for 1955 were calendarized.
 - d. Suggestions were made "open" meetings.
 - e. Leader training meetings were analyzed and discussed.

Results, Observations and Evaluations:

1. Names of inactive homemakers who have not expressed a desire to remain on our mailing list were removed.
2. Program planning went much smoother if clubs had already selected their project leaders and if meeting places had been designated.
3. The 1955 Extension Program was very full for those groups who participated fully.
 - a. The last two meetings could have and should have been followed by work meetings.
 - b. There were several special interest projects for 1955.
These are:
 1. Home Beautification
 2. "Study Your Community"
 3. Helping Hospitals
 4. Preventing Accidents in the Home
 5. Sewing Machine Clinics

County Council

Spring Council Meeting

One retiring officer and the four officers-elect of the Cochise County Council of homemakers met with the Agent December 9, 1954 to make plans for the Spring Council meeting.

6.

Maryetta Gaskill
Cochise County
1955

Method of Procedure:

The board outlined the program for the day. This included:

- a. Time and place of the meeting.
 1. To be scheduled by the Cochise Progressive Pioneers Club.
- b. Securing personnel to assist with meeting.
- c. Outlining the program.
 1. Installation of officers.
 2. Reports of ways homemakers can help hospitals.
 3. Outline a program for homemakers on "Preventing Accidents in the Home".
 4. Suggest that arrangements be made for homemakers to visit Texas Canyon museum.
- d. Itemizing topics to be discussed at the business meeting.
 1. Fall Council - date, place and luncheon arrangements.
 2. County Picnic.
 3. County Fair participation.

During January further preparations for the Spring Council meeting were made as follows:

1. The meeting place and date - To be held February 22 at the Cochise grammar school.
2. Program arrangements - The Cochise Progressive Pioneers made arrangements for the group to visit the Amer-Ind Museum in Texas Canyon.
3. Luncheon arrangements - The Cochise Progressive Pioneers to prepare and serve the luncheon. Homemakers attending the meeting to pay a nominal fee for their lunch.
4. Homemakers were notified of the council meeting through the February Homemakers Letter.

54 homemakers from 6 communities (Double Adobe, Silver Creek, Westside, San Pedro Valley, Stewart and Cochise) attended the Spring Council meeting held February 22 at the school house in Cochise, Arizona.

Miss Jean M. Stewart, State Leader of Home Demonstration Work, and a Mrs. Inez Haring, her guest, were in attendance.

Hostess club for the day was the Cochise Progressive Pioneers, who assumed responsibility for decorating the Cochise School House and preparing and serving the luncheon.

Method of Procedure:

1. Registration began at 9:30 a.m. and was completed by 10:00 a.m. This made it possible to start the meeting on time.
2. Miss Jean M. Stewart installed the new officers and recognized the efforts of the retiring officers. The new officers will serve until 1957. Their names and clubs are as follows:

7,
Maryetta Gaskill
Cochise County
1955

President - Mrs. Robert W. Hill, Silver Creek
Vice President - Mrs. Maurice Dawson, Double Adobe
Secretary - Mrs. George Chamberlain, Double Adobe
Treasurer - Mrs. Walter Swaggart, Silver Creek

3. The major topics discussed in the business meeting were as follows:

- a. Report on Arizona Sings Songbook Fund
Debts to the Pima and Pinal Councils are to be paid.
Only the Cochise Council Iron Lung Fund has yet to be re-imbursed.
- b. Arrangements for annual picnic commemorating National Home Demonstration Week
The picnic will be held at the Cave Creek Picnic area (near Portal). The Sew What? Homemakers Club will be the hostess club.
- c. Arrangement for the Fall Council Meeting:
The meeting will be held in Douglas on September 17th with Silver Creek Homemakers as hostess club.
- d. Plans for carrying out the Council program on Health and Safety - "Preventing Accidents in the Home" and "Helping Hospitals in Cochise County".
Both of these activities will be conducted by Homemakers clubs on an individual basis.
- e. A fact-finding committee was named to investigate methods for securing rural library service in Cochise County.

4. The afternoon program featured a visit to the Amerind Museum in Texas Canyon. The homemakers enjoyed their conducted tour through this outstanding museum. Many homemakers did not know that the museum existed and were amazed that such a wonderful exhibit could exist in the county without more people knowing about it. The museum officials made them feel very welcome to bring others to visit the museum.

Fall Council Meeting

The July Homemakers Letter contained program suggestions to guide homemakers in making their recommendations for the 1956 program. These suggestions were topics recommended by homemakers attending pre-program planning meetings. A special letter giving the "trends" and a review of past projects was prepared for all project leaders and club presidents. This letter was sent early in August.

Cochise County Council
Program Planning Lay
Sept. 17, 1955
Douglas, Arizona

9:30AM Registration

Mrs. June Chamberlain,
Double Adobe, Council Secretary

Mrs. Walter Swaggart,
Silver Creek, Council Treasurer

10:00AM Opening Song
"America The Beautiful"

Prayer

10:15AM Program Planning

Maryetta Gaskill,
Home Demonstration Agent, Cochise County

10:45AM Song Fest

11:00AM Program Planning Groups

Clothing & Textiles-----Mrs. Helen L. Church, Extension Clothing Specialist

Foods & Nutrition-----Miss Jean M. Stewart, State Leader of Home Dem. Work

Home Furnishing &
Home Management-----Mrs. Maryetta Gaskill, Home Demonstration Agent

Health & Safety &
Community Life-----Mrs. R. W. Hill, Council President &
Mrs. Maurice Dawson, Council Vice President

12:00 Noon Lunch

1:15PM Reports from Program Planning Groups

1:30PM Business meeting

Mrs. R. W. Hill, presiding

3:00PM Adjournment

9.

Maryetta Gaskill
Cochise County
1955

During August the Agent met with the council officers to make plans for the fall program planning meeting. The following topics were discussed:

1. Program for the day
2. Securing homemakers to assist with the program
3. Luncheon arrangements
4. Program planning procedure
5. Agenda to be considered during the business meeting

42 homemakers from 7 clubs attended the Program Planning meeting of the Cochise County Council. All clubs in the county except Bisbee Junction were represented (this group has since disbanded).

Method of Procedure:

1. A copy of the program for the day is attached.
2. Project leaders represented their clubs in the selection and discussion of topics. Where possible county or state extension workers served as discussion leaders.
 - a. Since pre-program meetings had been held for foods and clothing leaders, and since all clubs had held meetings to determine topics of major interest in each subject matter field, the program planning groups, first, listed the topics of their choice and, then, voted to select the countywide program.
 - b. Topics were selected for a two-year period. (the year in between program-planning meetings an achievement program will be held).
 - c. Discussion leaders attempted to learn areas of specific interest for each of the topics selected.
3. Mrs. R. W. Hill, Council President, presided over the business meeting at which action was taken on the following topics:
 - a. Rural Library Service - it was recommended that the previously named library committee continue their efforts to secure or find ways to secure rural library service.
 - b. Assistance to the County Hospital - Mrs. Walter Swaggart reported that the County Hospital needs eleven more chairs. It was moved and carried that homemakers clubs try to secure these by the first of 1956.
 - c. Iron Lung - Mrs. Ada S. Christiansen, Chairman of the Iron Lung Committee, reported that the Iron Lung had been in constant use by the daughter of a Douglas doctor since November 23, 1954. The lung replacements and a few added comforts for the lung had been taken care of by the user. At the time of the Council meeting the lung was in

California (the young lady having been sent there for rehabilitation treatments) but it was expected that the lung would be returned soon.

The Council recommended that the number of homemaker representatives on the Iron Lung Committee be increased and that a statement of policy regarding the use of the lung be prepared.

- d. Song Book Fund - The Council treasurer reported that all song book debts had been paid except that \$227.38 is still owed to the Cochise County Iron Lung Fund.
- e. Spring Council meeting - The meeting will be held Monday, February 20, 1956 at the Vet's Club in Willcox. Stewart and Cochise will be hostess clubs. The noon meal will be catered. Clubs are requested to make reservations one week ahead.

Results, Evaluations and Observations:

- 1. Projects selected for the next two years in the four project fields are as follows:

Foods & Nutrition

- 1. Salads (emphasis on winter salads)
- 2. Frozen Foods -(how to thaw and cook)
- 3. Simple Easy Desserts
- 4. Cooking with Wines and Herbs
- 5. Using the Basic 7

Clothing and Textiles

- 1. Construction Finishes for a Professional Look
 - a. putting on collars
 - b. gussets
 - c. cording
 - d. zippers
 - f. stays for belts
 - g. laces and insertions
- 2. Construction techniques for new fabrics and new fabric finishes
 - a. seam finishes
 - b. thread, needles and length of stitch
 - c. selection of a design for new fabrics
- 3. Tools for sewing
 - a. new things of market
 - b. tools that make sewing easier
- 4. Designs becoming to figure types
 - a selection of patterns and ready-to-wear
- 5. Pattern Alteration

(This topic scored high on the first vote but later scored down because clubs were not interested in devoting the necessary 3 meetings to this project).

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Maryetta Gaskill
Cochise County
1955

Home Furnishings and Home Management

1. Color in the Home
2. Making Wrought Iron Furniture
3. Making Pillows
4. (Bookkeeping - Household & Business
(Making Wool Rugs
(Making Curtains

Special Interest

- Double Adobe - Upholstery
- Stewart - Slip Covers and Upholstery

Health, Safety and Community Life

1. Rural Library Service
 2. First Aid
 3. Civil Defense Speaker to visit all clubs
 4. Potted plants - demonstration at Spring Council Meeting
 5. Chairs for County Hospital
2. It was a very definite advantage to have the clothing specialist lead the discussion in her project field. She was able to bring out the many phases of the suggested topics to enable homemakers to make more definite indications of their interests.
3. Homemakers are very much in favor of having a fall achievement program.

County Fair

During September the Agent spent $2\frac{1}{2}$ days assisting with the Cochise County Fair. Since the Fair dates were September 28th through October 2nd one day in October was also devoted to this project.

In 1955, for the first time the Agent had to assume a major responsibility in decorating exhibit space in preparation for receiving entries. This was due to the fact that the superintendent of the Domestic Arts Department was not named until the afternoon before the opening day of the Fair. The Agent assisted the new superintendent in decorating the booth, helped her to get organized for receiving entries, explained the fair records and secured the help of several homemakers to assist the judge.

Due to the lack of proper facilities no baked goods entries were included in the Fair.

Four Homemakers Clubs prepared booths illustrating phases of the 1955 homemaking program. These were judged according to the Danish system and premium money was distributed equally among the exhibiting clubs. Names of the clubs, title of exhibit, ribbon placings and a brief description of the booth are as follows:

Westside - Homemaking Program for 1955 - Blue Ribbon

This booth portrayed all the work done by the Westside Club during 1955. At first glance the booth seemed "busy" and confused, but upon looking more closely, the onlooker was impressed by the variety and content of a club program.

Silver Creek - "Proper Table Setting" - Blue Ribbon

This was a very simple but very effective display on how to set the table. The selection of linens and china to harmonize with the room was particularly interesting.

Cochise Progressive Pioneers - Home Landscaping - Red Ribbon

This group chose to illustrate the work done by one of their members as a result of the special interest Home Beautification program presented by Harvey F. Tate, Extension Horticulturist.

Double Adobe - Veteran's Gift Shop - Red Ribbon

This was a community service project carried on by the Double Adobe Homemakers. The booth illustrated the type of gifts the homemakers made, how they were wrapped and that the veteran's were provided these gifts to give to their loved ones.

Results, Observations and Evaluations:

1. Because of the delay in naming a superintendent for the domestic arts department there was a great deal of confusion in getting the entries in this department judged. However, the clerk was able to keep quite an accurate record of the number of entries in each lot number and this will help in preparing a more accurate premium list for 1956.
2. The Agent will check with the department superintendents regarding suggested revisions for the 1956 fair.
 - a. The clothing (domestic arts) premium list needs to be re-organized.
 - b. Baked goods should be added to the food (domestic science) premium list.
3. The difficulties in securing a domestic arts superintendent for the 1955 fair came as a result of personality conflicts with the fair manager. In preparation for the 1956 fair the Agent will suggest (to the fair president) that the homemaker's council may be contacted (by February 1956) for assistance of this nature.

4. The home economics judges suggested that the homemakers booths could be improved placing the names of the year's homemaking projects in a hat and having the various clubs draw for the project they will illustrate.
 - a. The judges felt that this procedure would present a clearer picture of the work of homemaker groups and, also, prevent clubs from selecting too broad a topic to be illustrated effectively.

Judging at Fairs

During September the Agent spent $2\frac{1}{2}$ days travelling to and from, and judging at the Apache County Fair. The Agent judged the canned goods and baked foods. The quality of the entries was quite good. The organization of the department and the premium list was very good.

During October the Agent spent $1\frac{1}{2}$ days travelling to and from, and judging at the Greenlee County Fair. The Agent judged clothing and home furnishings. The organization of the department was excellent and quality of the entries was very good.

National Home Demonstration Week

49 persons from 9 communities attended the annual homemakers picnic which was held May 22 at the Sunny Flats picnic area near Portal. The picnic was held in commemoration of National Home Demonstration Week.

The Sew What? Club of Portal as hostess club was in charge of the potluck luncheon at the recreation area. These ladies did a very fine job, they made and posted signs directing persons to the area, they arranged for an extra supply of silverware and dishes for folks who forgot theirs, and they provided and prepared cowboy coffee and punch.

The main recreation was a softball game. Several lady team members developed Charlie-horses and had to withdraw from the game, and most of the folks who went the length of the game suffered muscular distress the next day.

Study Your Community

25 homemakers from nine communities attended the special interest meeting "Study Your Community" which was presented by Howard R. Baker, Assistant Director, in two areas of the county.

Method of Procedure:

- I. Mr. Baker suggested a method for solving community problems through community action. His plan (if a suitable organization did not exist already) called for establishing a community organization and he outlined a procedure for getting such an organization and making it useful.
 - A. Steps for a community to follow in solving community problems are as follows:
 1. Find a leader who is thoroughly sold on the idea and give him an executive committee of equal enthusiasm.
 2. The executive committee develops a plan and carries it out.
 - a. Get basic information together from all possible sources.
 - (1) Census; State Health Reports; Local, County, State and National Officers; etc.
 - (2) Conduct a survey or send out a questionnaire.
 - b. Set up goals (decide what you want to do and how you would like to do it).
 - c. Publicize your plan and progress made.
 - d. Give responsibility to as many as you can.

II. Each community listed problems of their area. These were:

Cochise

1. Paving the road from 666 through Dragoon to U.S. 80.
2. Recreation for children of all ages.
3. Getting together as a community and reaching new people.
4. Develop the residential district (fix roads, etc.)
5. Secure a telephone system.

Sulphur Springs

1. Establishing the feeling of belonging to the community.
(Agent's note: The Sulphur Springs area has recently been undergoing rapid agricultural developments; most of the original families have sold out; there is not sufficient housing for owners to live on their farms; etc.)

Stewart

1. Re-establish community spirit by building a community center.

Sew What? (Portal area)

1. Securing a telephone system
2. Maintaining a room-school

San Pedro Valley (Hereford-Palominas area)

1. Overcrowded schools
2. Safety at school crossings on highway to Fort Huachuca

Westside and Silver Creek

1. Getting the community to work together on problems

Rucker Canyon

1. Securing R.E.A.
2. Re-establishing a grammar school

III. Some of these problems were discussed and basic procedure for attempting to solve them outlined.

Officer and Project Leader Training

25 homemakers from 9 communities (same folks attended "Study Your Community" program) attended these sessions held in two areas of the county.

Method of Procedure:

1. Project leaders met in one group under the direction of the Agent. Miss Jean M. Stewart, State Leader of Home Demonstration Work, was discussion leader for the officer's group.
2. The officers group discussed parliamentary procedure.
3. The project leaders followed a "Discussion outlined for Project Leaders". This outline which was prepared by the Agent, consisted of the following:
 - a. "The Project Leader and Her Job": (which listed the following points and suggestions)
 - (1) A project leader is a teacher. It is her responsibility to teach the members of her club and other homemakers in her community new and improved methods.
 - (2) Demonstrations presented by the project leader should set high standards for the articles of clothing or home furnishings made, and for the food products produced and preserved.
 - (3) A project leader teaches not only how to do something but also why this method is used.
 - (4) A project leader is responsible for sending a report of how homemakers use the information presented in her project field.

b. The second portion of the outline asked two questions:

1. What are the problems of project leaders?

2. What are your suggestions for solving these problems?

(Problems presented and possible solutions made by homemakers are listed below)

a. Deciding what portion of the leader meeting to present to the club.

a. (1) Have the project meeting before the business meeting.
(2) Start the lesson on time. (agent's note: most clubs like to cover everything presented at the ITM and feel that time is the limiting factor).

b. Keeping the attention of the group.

What do you do when several homemakers start a dischssion of their own?

When the whole club starts telling about some topic that is not related to the project?

b. (1) Present your project in an interesting manner.

(2) Ring a bell.

(3) Levy a fine on persons who talk about things not related to the lesson.

(4) Direct a question at the person who is talking.

(5) Stop talking yourself and wait for silence.

c. Getting a report of what has been done.

c. (1) Decide at the leader meeting when the report should be sent to the county office.

(2) Give leaders time at each business meeting to get project reports. (This could be done by a roll call).

(3) If reports are not received on the due date, Agent should send a reminder letter immediately.

Miscellaneous

I. Annual Conference

The Agent attended annual conference held December 14-17 on the University of Arizona Campus in Tucson. The program featured speeches on various Extension subjects by county agents and home demonstration agents. The Agent participated in the program by presenting a speech, "Extending Science into the Home."

II. Home Demonstration Agent's Conference

During June the Agent attended an H. D. A. Conference in Tucson. Contacting new homemakers through home visits was the main subject of the conference.

III. Balanced Farming

During May, Mr. Howard R. Baker, Assistant Director, and Mr. Theo. Ellis, Extension Economist, visited the county Extension staff to discuss and explain a proposed pilot program in balanced farming.

IV. Information Program

A county letter was sent each month to an average of 519 homemakers, 6 county newspapers, two radio stations and the Arizona Farmer. The letter featured current and coming projects; dates, places and topics of local meeting; news of homemaker's groups; household hints; bulletins; recipes from homemakers and other information pertinent to homemaking.

News articles were sent to newspapers and radio stations weekly, if possible. Selected articles were sent to the "Arizona Farmer".

A summary of the news articles is as follows:

December:	"Green up" Your Menus Wintertime Barbecuing Big Turkeys a Good Buy Plentiful Eggs Fit Budget Menu
January:	Cook Extras Now and Freeze Them Good Eating in January Keep Holiday Nuts Fresh Put Lean Beef On The Menu

- January:** Use Glass Jars For Frozen Foods
Use Only Safe Wiring
Freeze Extra Cooked Foods
Time Needed For Thawing
Market Has Plenty Eggs
- February:** Take Care of Winter Cottons
Pack Cooked Foods Well for Freezing
Market Has More and Better Eggs
Circular Gives Garden Facts
Woolens Like Gentle Washing
- March:** Freezing and Tenderness of Meat
Easter Hams in Good Supply
Memory Short? List Valuables
- April:** Sewing Tips Explained in Circular
Handle Cleaning Fluids Carefully
Closet Helps Cleaning Work
Pleated Skirts Stand Washing
Beef, Chicken Supply Good
You Can Make Good Sausage
Homemakers Will Help With 4-H Fair
- May:** More Food Value in Leafy Greens
Swirling Pettiskirts
Placings at Cochise County Dress Revue
Add Asparagus To Spring Menu
Try Round Steak in Hot Weather
Cut Wrinkles Out of Dresses
Hamburger Cookout Treat
Cochise County Homemakers Observe National Home
Demonstration Week
Summer Heat Spoils Food
Dairy Foods Lead in June
- June:** Don't Overlook Value of Milk
Finished Cottons Need Right Care
Try Chuck Steak As Chinese Dish
Freeze Poultry The Right Way
Poultry Needs Fast Freezing
Spuds, Ice Cream Top July Plentifuls
You Can Freeze Certain Cheeses
- July:** U-Shaped Sewing Center
Freeze Bread For Sandwiches
Handle Meat the Right Way
Beef, Chicken, Top Plentifuls
Winners in Home Economics Contests

- August:** How Much Meat in a Food Dollar
Cochise County 4-H'ers to 4-H Camp, Mt. Lemmon
Try Serving This Beef Dish
4-H Roundup Competitors Announced
Canning Best For Tomatoes
Can or Freeze at Home
Cochise County Placings at 4-H Roundup
- September:** Use Proper Food Storage
Homemakers Plan 1956-57 Program
Hints on Buying School Clothes
Rice, Pork, Spuds, Top Menu Buys
- October:** Serve Sauces With Hamburger
Spicy Arm Roast Easy on Budget
Fit Plaids to Match at Seams
Bulletin Board Has Home Use
Cook Pork Thoroughly
Pork Highlights November Plentifuls
Make Teething Cookies at Home
Seventh Cochise County Achievement Day
- November:** Know How to Select Turkeys
Don't Store Stuffed Turkey
Turkey Dressing Recipes Vary
Thaw Turkeys in Refrigeration
Good Lighting Eases Eyestrain
Plentiful Foods Fit Holiday Month
4-H Winnings at State Fair
Grind Tough Cuts of Venison, Elk

Cooperative Extension Work
in
Agriculture and Home Economics
State of Arizona

University of Arizona
College of Agriculture
U. S. Department of Agriculture
And Cochise County Cooperating

Agricultural Extension Service
Home Demonstration Work
County Agent Work

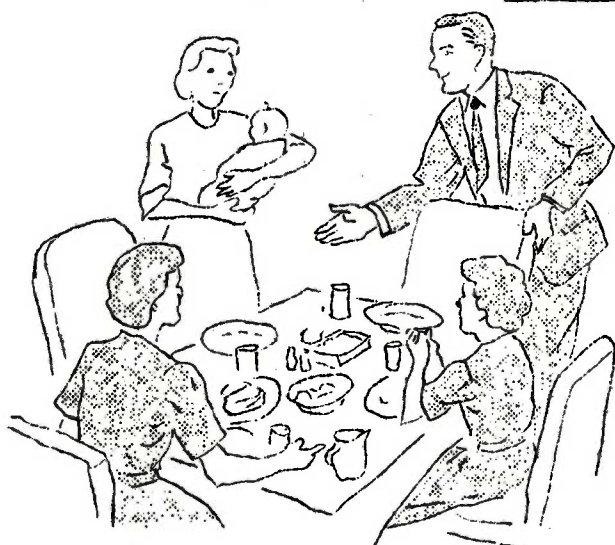
Willcox
April 30, 1955

May - What a full month this will be!

We will finish up on "The Family Meal Hour" project; start off on the "Sewing Center" project; hold three special interest meetings to clean sewing machines; and to top it all off, we'll have a picnic. Who could ask for more?



Projects of the Month



The Family Meal Hour

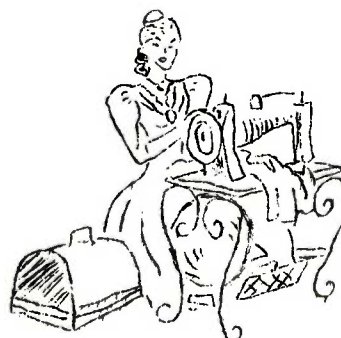
We cook our food in the same old way and sit down and eat it in the same old way. But every now and then we sort of wonder if pa and the kids aren't getting pretty slipshod about their manners and if something couldn't be done to add a little class to the family meal.

So, that's what this project is all about! We don't aim to help you learn how to put on the dog for company; this is just for the home folks.

Re-organizing Your Sewing Center - You won't get graded on this quiz - but ---

How many rooms do you visit in the process of getting ready to do the family mending? When you make a garment are your scissors, bobbins, extra spools of thread, ruler, pins, needles, pattern, chalk, zipper and other findings all arranged conveniently near the sewing machine? Do you neglect pressing seams as you construct a garment because it is "too much bother"? Are you satisfied with your present method of storing spools of thread?

If you aren't happy about your answers to the above questions -- we'll be seeing you at home-makers club when this project comes up.



SPRING FLING - May 22nd

The Sew What? ladies will be our hostesses at this year's Spring Fling. This picnic is held in commemoration of National Home Demonstration Week or, in other words, to recognize the work and efforts of homemakers and homemakers clubs throughout the nation.

It's a special event so we're extending a special gilt-edge invitation to you.

The Homemakers of Cochise County
Request the pleasure of the
Presence of your family
(Complete with table service
and your Potluck contribution)

At the Annual Spring Fling
May 22, 1955
We'll eat at 12:00 noon
At the Cave Creek picnic area near
Portal
Don't R.S.V.P. JUST COME!

Calendar of Events

<u>Date</u>	<u>Club</u>	<u>Place</u>	<u>Subject</u>
May 3	- Cochise Prog. Pioneers	- Mrs. Leslie Small	- The Family Meal Hour
" 5	- Stewart	- Vet's Club	- The Family Meal Hour
" 10	- San Pedro Valley	- Mrs. Jane Lehner	- The Family Meal Hour
" 17	- Westside & Silver Creek	- Coronado Courts	- Sewing Machine Clinic (Rotary bobbin machines)
" 18	- Double Adobe	- Mrs. June Chamberlain	- The Family Meal Hour
" 18	- Westside & Silver Creek	- Place to be arranged	- Sewing Machine Clinic (Oscillating bobbin)
" 19	- Westside & Silver Creek	- Coronado Courts	- Sewing Machine Clinic (Long bobbin)
" 24	- Westside	- Mrs. C. E. Ream	- Household Linens
" 24	- Silver Creek	- Mrs. Billy Slavin	- Mending - Darning - Reweaving
" 25	- Rucker Canyon	- Mrs. Joe Latta	- Sewing Center
" 26	- Sew What? Club	- School auditorium	- Sewing Center
" 27	- Bisbee Junction	-	- Sewing Center

THIS 'n THAT

We have been having a great commotion about leader's reports here recently and folks have been getting letters, reminder letters and reminder reminder letters. Leader's reports are nothing new - it's just that this year your obnoxious h.d.a. is trying to get said reports from every club on every project.

And what happens to these leader's reports if and when your agent does get them? They are compiled into a very official looking summary which in due time finds it's way into an annual report to be preserved for posterity.

But, the reports are more than just a dead, cold record; by analyzing them the agent and specialists learn which types of projects and which methods of presentation make for successful homemaking program. And, if we are going to draw accurate conclusions, it is important that we have reports from everybody on everything.

Here is a summary of leader's reports on the Easier Housework project. So far five of the nine clubs who participated in this program have reported.

Summary of Leader's Reports - EASIER HOUSEWORK

Club	Attendance		No. of families doing a better job of sharing work	No. of families who lighten mother's work load	No. who used better tools	No. who checked post-ure	No. who improved post-ure	No. who re-arranged storage space	No. who simplified or eliminated jobs
	When project was presented	When report was made							
Bisbee Junction	10	12		12	1				
Cochise	19	15				6	4	7	11
Double Adobe	11	11	9	5	2	10	3	8	5
San Pedro Valley	11	12	4	3	5	1	1	1	
Silver Creek	17	17	8	5	16	16	12	16	16
Totals	68	67	21	25	24	33	20	32	32

RECIPES

Will wonders never cease? Now we have carrot cookies. This is a favorite recipe of Mrs. Lewis Grizzle of Elfrida, who says that they are truly delicious and freeze wonderfully well.

CARROT COOKIES

1 c. granulated sugar
 $\frac{1}{2}$ c. shortening
 1 egg, unbeaten
 1 tsp. lemon extract

$\frac{1}{2}$ c. finely shredded raw carrots
 $\frac{1}{2}$ c. raisins
 2 c. sifted flour
 2 tsp. baking powder
 $\frac{1}{2}$ tsp. salt

Cream sugar with shortening. Beat in egg and lemon extract. Stir in carrots and raisins, then sifted dry ingredients. Roll into small balls in the palm of the hand, place on a greased baking sheet and flatten with a fork. Bake at 400° F. (hot) 10 to 12 minutes. Makes 3 dozen.

Sincerely,

Maryetta Gaskill

Maryetta Gaskill
 Home Demonstration Agent
 Cochise County

Maryetta Gaskill
Cochise County
1955

News stories written by Home Demonstration Agent and
Homemakers

County Women To Hold Annual Picnic

Throughout the nation more than 5 million homemakers, who take part in home demonstration work, will observe their 10th annual National Home Demonstration Week.

Cochise County homemakers, observe this week by holding an annual county picnic. This year the picnic will be held next Sunday at the Cave Creek picnic ground near Portal. The Sew What? club of Portal as hosts will provide coffee, napkins and bread, and will take charge of serving the potluck lunch. They will also be in charge of recreation.

Home demonstration work is an educational program of the Cooperative Extension Service of the U. S. Department of Agriculture, the land grant colleges, and the county government. Through it, homemakers learn to apply the latest scientific methods developed by public and private research. The general aim is to strengthen home and family life by helping women become more efficient homemakers and more effective citizens in their communities, state and nation.

County-wide home demonstration programs are planned on a yearly basis by the homemakers themselves; and local leaders, after receiving training from extension service specialists and the home demonstration agent, assume responsibility for presenting much of the year's program to members of local homemakers groups.

In Cochise County the 1956 home-making program includes projects on beef cookery; table service and etiquette; making the best use of sewing

machines; organizing a sewing center; framing pictures; and selecting and caring for hard surface floor coverings.

In addition to the regular home-making program, Cochise homemakers will participate in special interest programs conducted by homemakers themselves, by agricultural and home economics extension specialists, or by the home agent. These special interest projects include helping hospitals in Cochise County; studying local communities; training officers and project leaders for their job; home safety; home beautification; and sewing machine clinics.

Homemakers clubs are also active in projects and activities sponsored by their group or their community. As individual clubs, homemakers participate in fund raising drives such as the Red Cross, the March of Dimes and Arizona Boy's Ranch. They donate money, clothing, canned food and linens to charitable homes in the state. They plan to carry out crafts programs for their members. They assist with the 4-H fair and provide financial assistance to 4-H'ers who win trips to the state 4-H Roundup.

Double Adobe Meeting Set

The Double Adobe Homemakers Club meeting will be held at the school Wednesday at 10:30 a. m., with Mary Price in charge.

The program will be a sewing center work shop. Also, the Double Adobe 4-H Sewettes will give a sewing demonstration in preparation for the Southern conference, to be held at the Bisbee YWCA on July 23.

Members are asked to bring covered dish and also own dishes and silverware for Wednesday's meeting.

HOUSE AND FURNISHINGS

Hard Surface Floor Coverings

This project was presented in 10 communities by the Agent with 128 homemakers attending. 128 mimeos, "Hard Surface Coverings in Your Home " and 10 bulletins, "Planning The Kitchen and Workroom" were distributed.

During December 1954 the Agent spent one day working with Miss Grace Ryan, Extension Specialist in Home Furnishings, to develop a project on Care of Floors and Floor Coverings.

Goals: To teach homemakers the characteristics of hard surface floor coverings and how these characteristics influence the selection and care of floor coverings.

To teach recommended procedures for applying floor coverings.

Method of Procedure:

The following were discussed and demonstrated:

1. The characteristics and similarities of floor coverings
2. A comparison of price and qualities
 - a. Between types of floor coverings
 - b. Between weights and grades of the same type
3. A workshop where homemakers find out what happens to the various types of floor coverings under various conditions
 - a. Homemakers reported their findings
 - b. These were clarified and summarized by the Agent
4. How to lay tile on a floor.

Results, Observations and Evaluations:

1. Homemakers had varying opinions on the advisability of laying your own floor versus having a professional do the job. Those who have had experience laying floors are usually definitely of the opinion that the job can be done by a non-professional or that it cannot.
 - a. From their remarks it can be deducted that installing a floor covering should be left to a professional unless the non-professional is willing --
 1. To select a floor covering suited to the condition and type of the sub-floor.
 2. To adequately prepare the sub-floor.
 3. To study and follow recommended procedures for installing the floor coverings.
2. One meeting was held in a new school house, the auditorium of which had an asphalt floor that was badly damaged by rubber heel marks.

25.

Maryetta Gaskill
Cochise County
1955

The lady who regularly cleaned the building after school showed the Agent the solvent type solution which she had been putting on the dust mops used to mop the floor daily. There was no label on the can to indicate what it contained but it did state that it was a flammable mixture used to mop hardwood floors and should not be used on other types of floor coverings. The lady reported that one of the school trustees had given the solution to her to use up and that she had not read the label. She stated that it did not give very good results and that she would be most happy to stop using it. The Agent suggested that the asphalt floor be scrubbed with a soap or detergent, rinsed with clear water and mopped dry to remove the solvent. The floor does not show damage to date other than the heel marks.

3. 5 homemakers groups sent in leader's reports on this project. Comments and suggestions listed on these forms were as follows:

Sew What?

"Many of our members don't have their own homes, but are storing up this information for the day when they build or remodel."

Cochise Progressive Pioneers

"Many of the members are contemplating buying new floor coverings and will benefit by the lesson."

Leader's Reports - Floor Coverings

	Att.at meet- ing when proj- ect was pres- ented	No. using inform- ation when buying new floor cover- ings	Number who changed care of floors by:									
			Using cleaners suited to kind of covering		Limiting amount of water used in cleaning		Protecting floor covering from heavy furniture		Using pads or underlay when laying new floors		Buying correct wax for type of floor covering	
			Hmkr.	Other	Hmkr.	Other	Hmkr.	Other	Hmkr.	Other	Hmkr.	Other
Fisbee Junction Homemakers	11	NR										
Cochise Pioneers Club	19	0	5	2	5	0	0	1	0	1	3	0
Double Adobe Homemakers	17	1	0	0	1	0	3	0	0	0	2	0
Rucker Canyon Homemakers	5	NR										
San Pedro Valley Homemakers	12	NR										
Sew What? Club	17	4	2	0	0	0	2	0	0	0	1	0
Silver Creek Homemakers	16	2	2	0	4	0	6	0	1	0	8	0
Stewart Homemakers	13	NR										
Sulphur Springs Homemakers	6	NR										
Westside Club	12	0	2	0	2	0	8	0	0	0	8	0
Totals - 10 coms	128	7	11	2	12	0	19	1	1	1	22	0

Picture Framing

13 homemakers from 9 communities attended leader meetings on picture framing presented in 2 areas of the county by Miss Grace Ryan, Extension Specialist in Home Furnishings and Home Management. 195 mimeographed copies of "Pictures For the Home" were distributed.

The Agent presented the project to Webb Mothers Club. 10 homemakers were present and 10 mimeos distributed.

Method of Procedure:

The following were discussed and demonstrated by Miss Ryan:

1. Types of picture
2. Selecting pictures for the various home areas
 - a. Public (living room) - pictures of general interest
 - b. Semi-public (halls) - Pictures of general interest
 - c. Private (bedrooms) - pictures of personal interest
3. Framing, matting and hanging pictures
4. How to make a mat
5. How to finish the frame

Results, Observations and Evaluations:

1. Groups which were visited by the Agent had a fine time selecting a picture suitable for the home where they met. Club members, and particularly the hostesses, were amazed at the way one of the pictures would fit into their home and at the atmosphere and character it brought to the room. Many homemakers wanted to "steal" one of the pictures because they liked it so well.
2. A knife suitable for cutting mat board was secured by the Agent and placed in the kit of illustrative materials for use by the clubs.
3. Several groups have inquired about sources for mat board and frames. Interest in this project will not doubt carry over into 1956.
4. Comments made by leaders after presenting this lesson were ---

Cochise Progressive Pioneers

"During our meeting we matted a picture and of the 12 members attending the majority of them felt that they had received a great deal of help concerning the correct hanging and framing of pictures, also, the type of pictures most suitable to their homes."

Silver Creek

"Much interest shown and many questions asked."

San Pedro Valley Homemakers

"I feel the meeting showed positive results considering the fact seven frames have been ordered by the club. A work meeting has been planned for 1956, at which time, Margaret Fox and I will assist the members in staining frames. Many of the ladies complimented us on the interesting meeting we presented."

5. Leaders reports of this project will be submitted next year and a final report will be included in 1956 annual report.

Bulletins and Mimeos requested or taken from the office:

- 128 Hard Surface Coverings in Your Home
- 10 Planning Your Kitchen and Workroom
- 205 Pictures for the Home
- 10 Furniture Repair
 - 1 Furniture - toy box - small desk
 - 1 Homemade Furniture
 - 2 In Furniture, the Finish Counts
 - 3 Simplified Slip Covers
 - 3 Slip Covers for Furniture
 - 2 Yardage for Slip Covers
 - 2 Re-Upholstering A Chair at Home
 - 5 Valances and Cornice Boards Mimeo
 - 1 Measure Curtains Accurately
 - 1 Problem Windows and Doors
 - 1 More About Traverse or Draw Curtains
- 12 Tailor Your Draperies
 - 3 Window Curtaining
 - 1 Window Curtains, Planning and Selecting
 - 1 Color In The Home
 - 1 What Goes With What
 - 2 Closets and Storage Spaces
 - 1 Storage for Your Home
 - 1 Preventing Cracks in Wood Floors
 - 1 Carpet and Rug Repair
 - 1 Safe and Attractive Home Lighting
 - 1 Electric Light For The Farmstead
 - 2 Making Light Work For You
 - 3 Household Equipment, It's Care and Simple Repair
 - 3 Pots and Pans For Your Kitchen
 - 2 Color in Your Hands
 - 1 Color Wheel

411 Total

FOODS AND NUTRITION

Bulletins and Mimeos requested or taken from the office:

- 43 Nutrition Up to Date Up to You
- 2 Nutrition For You
- 13 National Food Guide
- 1 Good Weight Mimeo
- 2 The Basic 7
- 11 Family Food Plans
- 9 Food Guide for Older Folks
- 42 Food For the Family With Young Children
- 2 Milk For the Family
- 3 Food For the Family With School Children
- 25 Mass Feeding Mimeo

153 Total

FOOD PRODUCTION

Bulletins and Mimeos requested or taken from the office:

70 Arizona Home Gardening

FOOD PRESERVATION AND STORAGE

There was no organized program in this field during 1955. Individual homemaker requests were taken care of by means of letter, telephone and office calls.

During March the Agent conducted a pressure canner clinic in Pomerene with 15 homemakers in attendance and 10 canners were tested.

The homemakers in this area are now freezing most of the products they preserve and pressure canners are used only occasionally. The safety valve on most of these tested were badly corroded and many would not "pop off" at all. The safety valves were cleaned at the meeting and the homemakers were given instructions for the proper care of the canners.

165 bulletins were requested by the Pomerene homemakers.

Bulletins and Mimeos requested or taken from the office:

- 47 Freezing Combination Main Dishes
- 40 Freezing Meat and Poultry Products
- 52 Home Freezing of Fruits and Vegetables
- 27 Home Freezing - Doorway to Better Living
- 55 Freezing Combination Dishes
- 25 Chicken in The Freezer
- 24 Making Velva Fruit at Home
- 9 Freezing Baked Foods
- 22 What To Do When Your Freezer Stops
- 25 Home Canning of Fruits and Vegetables
- 15 Home Canning of Meats
- 1 Homemade Jellies, Jams and Preserves
- 14 Pickle and Relish Recipes
- 2 Pickles Mimeo
- 28 Chile Peppers
- 1 Take Care of Your Pressure Canner

387 Total

FOOD SELECTION AND PREPARATION

During June pre-program planning meetings to assist homemakers in leading program planning discussions in their local groups were held in two areas of the county. 8 homemakers from 3 communities attended. Mrs. Elsie H. Morris, Extension Nutritionist, and the Agent conducted the meetings.

Goals: To train leaders to lead the program planning discussion on foods and nutrition in their club.

To discuss topics which may be suited to the needs and interests of homemakers.

To select 3 or 4 topics which homemakers regard as being of foremost interest.

Method of Procedure:

1. The purpose of the meeting was presented by the Agent.
2. A questionnaire on better leader training was filled out by the leaders and then discussed by all present.
3. Topics recommended for the countywide program at County Council meetings since 1952 were reviewed and discussed by the Agent.
4. Mrs. Morris reviewed the trends in the foods field and presented the discussion questions for planning the 1955 program.
5. The Agent lead a discussion of subject matter possibilities after which a vote was taken to determine topics of foremost interest.
6. Mrs. Morris guided leaders in preparing an outline for repeating the program planning procedure in their clubs.
7. The Agent summarized the meeting and discussed steps and procedures to follow in getting ready for the countywide vote.

Results, Observations and Evaluations:

1. Those leaders who attended felt that they were well prepared to discuss program planning in their clubs.
2. Major interests of leaders centered in the field of nutrition. The following were designated as being of foremost interest.

Food and Dental Health)	
Planning Family Meals)	North Cochise County
Buying to Save)	
Use of Electrical Equipment)	
Getting Acquainted with the)	
Basic 7)	
Planning Family Meals)	South Cochise County
Be Wise - Read Labels)	
Beef Cookery - Variety Meats))	

3. Delegates to the County Council favored "food selection and preparation" topics rather than those designated by leaders. This was probably due to two things:

- a. Project leaders may have more advanced interests than regular members.
- b. Not enough groups were represented at the pre-program sessions to obtain a true, cross-section opinion of major interests.

4. Projects selected for the next two years in the field of Foods and Nutrition were as follows:

- Salads (winter)
- Frozen Foods - how to thaw and cook
- Simple easy desserts
- Cooking with wines and herbs
- Using the Basic 7

Home Mixes

This project was presented in 1954 but leaders did not submit their reports until March 1955. 7 clubs participated in this project; all of them turned in reports.

During May the Agent made a jar of master mix and presented it to the Silver Creek Homemaker's Club. The foods leaders of this club had difficulty with the mixes and as a result the club members had not been using them. The Agent gave the mix to several homemakers who expressed a willingness to try it out and report the results back to their club.

Results, Observations and Evaluations:

1. Listed below are comments made by the foods leaders:
 - a. Cochise Progressive Pioneers — We used the white sauce for the creamed peas at the Spring Council meeting. Some of our members use dry mixes of their own making.

- b. Double Adobe -- The cake mix was too much trouble for the quality cake. The mastermix was wonderful.

Three homemakers intend to make and use the master mix but haven't, as yet.

- c. San Pedro Valley -- As the leader of this group was preparing this report one homemaker remarked, "I couldn't keep house any more without that mast mix."

- d. Stewart -- This group not interested in using milk powder except in emergency as many have fresh milk. Master mix is continuing to be used by majority and liked. It is cheaper than store mix and can be used in such a variety of ways. A subject of this type seems to be of more interest and value in my club than any other. More questions were asked and more members are actually using the material presented at home.

- e. Rucker Canyon -- One homemaker gave jars of the Master Mix for Christmas presents.

Some Rucker Canyon homemakers liked the mixes very much; others preferred mix recipes of their own.

- f. Silver Creek -- "Most of our members didn't care for the mixes."

Leader's Reports - Home Mixes

Maryetta Gaskill
Cochise County
1955

34

	No. of Homemakers Att.		How Project was Presented				No. of Homemakers Making and Using Home Mixes					
	When Proj- ect Presented	When Report Made	Discuss- ion	Demon- stra- tion	Workshop	White Sauce		Master Mix		Cookie Mix		
						One	Often	Once	Often	Once	Often	
Cochise Progressive Pioneers Club	20	10	x				2			4		2
Double Adobe Homemakers	12	16		x						2	1	
San Pedro Valley Homemakers	13	13								2		4
Stewart Homemakers Silver Creek	10	9		x					6	4	3	2
Homemakers Rucker Canyon	26	19	x				2		4		6	4
Homemakers	5	7	x							6		
Westside Club	18	17		x	x			4		8		4
Totals	104	91					2	6	10	26	10	16

Maryetta Gaskill
Cochise County
1955

Beef Cookery

22 homemakers from 9 communities attended the leader training meetings held in two areas of the county during March. Elsie H. Morris, Extension Nutritionist, conducted the meetings. All active homemaker clubs were represented at the meetings.

- Goals:
1. To teach the principles of meat cookery as they pertain to beef.
 2. To teach the various ways of preparing the different cuts with an emphasis on something new, less expensive and easily prepared.

Method of Procedure:

1. Prior to the meeting a letter was sent to all leaders announcing the meeting. A questionnaire for the leaders to fill out and bring to the meeting was included in this letter. The questionnaire was in regard to the grading and inspection of meat.
2. At the meeting, the following topics were presented:
 - a. Federal and local inspection and federal grading.
 - b. Information contained in newspaper ads.
 - c. Food value of meat
Sources of and daily requirements for protein
 - d. Methods for cooking beef.
3. Methods of beef cookery demonstrated at the meeting were: roasting, broiling, braising and barbecuing. Recipes for cooking beef by these various methods were provided to leaders and members.
4. Leaders checked their daily intake of protein on a form "Meeting the Recommended Protein Allowances." This check was to be made for 4 days. During that time homemakers were requested to bring the amount of protein consumed daily up to 55 grams. It was suggested that at least 15 grams of protein be consumed at breakfast. Copies of this mimeo were provided for all homemaker club members;
5. The leader's report form was presented and discussed. Report forms on this project were due in the county office by June 1st.

Results, Observations and Evaluations:

1. This project was presented by leaders in 9 communities to 139 homemakers.

2. Bulletins and mimeos distributed were as follows:
 - 15 Leaders Guides
 - 22 U. S. Grades For Beef
 - 11 copies of poem "Thou Shalt Not Kill"
 - 21 Leaders Reports
 - 174 Beef Cookery Recipe Sheet
 - 174 Meeting the Recommended Protein Allowance
3. Several homemakers from the Westside Club requested a source for securing more detailed information on food values. The Agent suggested that they secure the USDA manual "Composition of Foods-Raw - Processed - Prepared." These women, or some members of their families were on some medically prescribed diet and were anxious to check their food intake more closely.
4. The leaders were very interested in learning about recommended daily allowances for protein. Most seemed to want to meet the recommended allowance and particularly to eat more protein for breakfast.
5. One homemaker reported to the Agent later that her overweight daughter was very enthusiastic about eating more protein.
6. Comments made by leaders in answer to the question, "How has this project helped you to serve better balanced meals to your family?"

Cochise - "By using the cheaper cuts of meat we can serve meat more often. This gives us a higher protein count each day."

San Pedro Valley - "By making us more conscious of the fact that few of us get enough protein each day."

Sew What? Club - "We have less fried meats."
"Has reminded us of the big pay off in flavor and quality of meat that is cooked at the proper temperature."
"New meat cuts and new recipes."
"Uses of new herbs and new ways to use herbs we have used."

Silver Creek - No comment.

Stewart - "Our members felt that learning to cook meat slowly with low heat was of most benefit to them; Then next, the protein requirement for the day and figuring it."

Double Adobe - "By bringing to our attention how much protein is necessary in our diets, this project has helped us stress protein in our meals."

Rucker Canyon - "By cooking at lower temperatures for a longer time we have not had burned steaks and under cooked meats."

Westside Club - "It has given us a greater variety of ways to serve palatable but cheaper cuts of beef."

7. 39 check sheets "Meeting Recommended Protein Allowances" were returned by homemakers in Cochise County as a report on the project "Beef Cookery."

No. of Records	No. who checked 4 times	No. Lacking		Meat	Eggs	Excel.	Score		
		Milk	Citrus				Good	Fair	Poor
39	37	5	17	3	14	15	18	3	3

- a. Scoring was based on total intake each day of 55 grams of protein for the average woman and selection of foods on the basis of the Basic 7.
 - b. There was little lack of meat in the meals of these women. However, 17 homemakers indicated a lack of a serving of citrus fruit daily and 14 lacked an egg.
 - c. The use of dry skim milk and cottage cheese increased protein intake from dairy foods.
 - d. One check sheet reported the intake of father, mother, and two sons, thus this mother checked protein intake of the family.
8. Leaders from eight of the nine clubs, who participated in this project submitted leader's reports.

Leader's Reports - Beef Cookery

Maryetta Gaskill
Cochise County
1955

38.

	No. of Homemakers				No. of Times Meats were Prepared and Served at Home								
	Enroll- ed in Club	Attend- ing meet- ing	Turned in protein allow- ance report	Buying & serv- ing meats they had not used before meeting	Roast beef	Broiled steak	Broiled beef patties	Baked beef	Barbecu- ed plate ribs	Chili Texas style	Curried short ribs	Beef & kidney pie	Stuffed Flank steak
Bisbee Junction Homemakers	NR												
Cochise Progressive Pioneers	28	17	5	2	6	5		2	2				4
Double Adobe Homemakers	20	16	12	4	12	6	8		12	2	2		
Rucker Canyon Homemakers	8	5		butcher own beef	x	x	x	x		x			x
San Pedro Valley Homemakers	18	13		2	8	5	2	2	1	1		1	
Sew What? Club	34	17	16	9		12			10				2
Silver Creek Homemakers	24	19	6		4	6			3				
Stewart Homemakers	20	13	5		3	5	4	1	2				
Westside Club	30	17	10-12	4-5	6	1	1	3					
Totals	182	117	54-56	21-22	39	40	15	8	30	3	2	1	6

The Family Meal Hour

17 homemakers from 8 communities attended leader training meetings held in two areas of the county during April. The meetings were conducted by the Agent. All active homemakers clubs except one were represented at the meetings. This club (Sew What?) presented a similar project on their own.

During February the Agent attended a two day conference in Tucson to make preliminary plans for this project.

- Goals:
1. To help families establish a satisfying and convenient form of family table service.
 2. To help homemakers train their children in the accepted table customs so that the children may have the feeling of comfort and ease which comes from knowing the right thing to do.

Method of Procedure:

1. Prior to the meeting, a letter was sent to all leaders announcing the meeting and explaining what things should be brought to the meeting.
2. At the meeting the following topics were discussed and demonstrated:
 - a. Principles of table setting
 - placement of napkin, china, silver and glassware
 - harmony of color, texture and design
 - Choosing a centerpiece
 - b. Basic rules of etiquette
 - c. Types of service for family meals
 - food served at the table by father and mother
 - Serving dishes passed at the table
 - plates served in the kitchen
3. Leaders were furnished with subject matter mimeos, leader's guides and leaders reports. These were explained. Mimeographed material was distributed in the following quantities:

143 The Family Meal Hour
16 Leaders Guides
16 Leaders Reports

Results, Observations and Evaluations:

1. Leaders of 7 groups turned in report forms. Their comments are as follows:

San Pedro Valley - "Our members enjoyed it!"

Stewart - "The members attending (when this report was made) had already raised their families and no longer serve more than one or two persons per meal."

Silver Creek - "We have very few families with children."

Cochise - "Most of our members are older and eat in their ways so they probably knew all about "table setting" before. At least this project makes us think more about doing it properly. We are not as absent minded about it!"

Rucker Canyon - "Most of our members have grown children; the others have children who are too small for special tasks."

Leader's Reports - The Family Meal Hour

Maryetta Gaskill
Cochise County
1955

41.

	Att.		No. of Families			No. of families who made a special effort to teach etiquette at meal time to children		
	When project was presented	When report was made	Making an improvement in setting the table	Trying a new method of service	Making an improvement in method of service	at every meal	Through special tasks	By entertaining
Bisbee Junction Homemakers								
Cochise Progressive Pioneers Club	19	14	No answer	No answer	No answer	No answer	No answer	No answer
Double Adobe Homemakers	10	8	8	4	8	6	3	
Rucker Canyon Homemakers	8	5	2			6		
San Pedro Valley Homemakers	8	10	2	3		5	3	10
Sew What? Club	19							
Silver Creek Homemakers	21	18	15	2	6		6	8
Stewart Homemakers	11	8		2				
Westside Club	14	15	4-5	4-6	6	5		
Totals	110	78	31-32	15-17	20	22	12	18

Bulletins and Mimeos requested or taken from the office:

225 Beef Cookery Mimeo
188 Meeting the Recommended Protein Allowance
23 U. S. Grades of Beef
15 Leader's Guides
31 Leader's Report on Beef Cookery
11 Thou Shalt Not Kill
7 Meat For Thrifty Meals
1 Money-Saving Main Dishes
2 Ways to Cook Rabbit
2 Poultry Cooking
6 How to Carve Chicken and Turkey
4 Basic Fish Cookery
3 Turkey On the Table The Year Around
49 Master Mix Home Mixes Mimeo
45 Holiday Cooky Mix
45 Cake Mix Using Dry Skim Milk
5 Home Mixes Leader Report Forms
8 Mile High Cakes
21 High Altitude Cakes
1 French Bread
1 Hot Rolls
1 When You Bake with Yeast
143 Family Meal Hour Mimeo
16 Family Meal Hour Leaders Guides
16 Family Hour Leaders report
2 Stretching the Food Dollar
5 Family Fare
4 Dry Beans, Peas, Lentils Modern Cookery
2 Peanut Butter Recipes
4 Honey & Some Ways to Use It
7 Sweet Potato Recipes
1 Cheese in Your Meals
5 Egg Dishes for Any Meal
1 Egg Dishes at Low Cost
2 Potatoes in Popular Ways
13 Salads From Arizona Grown Foods
10 Frozen Desserts
1 Ice Cream Frozen Without Stirring
1 Outdoor Meals
1 Meals From The Broiler
1 Cake Making to Save Time and Sugar
1 Fruit Punches
1 An American Type Cheese, How To Make It For Home Use
1 Making Cheddar & Cottage Cheese on The Farm
2 Tomatoes On Your Table
1 Green Vegetables for Good Eating
3 Ways with a Pressure Pan
3 Grapefruit Desserts
4 Packed Lunches
7 Sour Cream - How to Prepare and Use it at Home

952 Total

HEALTH AND SAFETY

The Cochise County Council of Homemakers sponsored a program on Safety in the Home. Check lists for Safety Hazards were distributed to all clubs. Three clubs reported on this or other health and safety projects as follows:

Cochise - "The members all try very hard to eliminate things which might cause accidents in the home."

"There will be a reading on diabetes at our next and final meeting of the year."

"We have had an interesting reading on heart disease and the care of the heart."

San Pedro Valley - "Two of our members made first aid kits for their homes. More plan to do so next year."

Silver Creek - "We had one health talk during the year."

Bulletins and Mimeos requested or taken from the office:

- 20 Highway Safety Begins at Home
- 1 Housefly Control
- 1 Scorpions

22 Total

FAMILY ECONOMICS AND HOME MANAGEMENT

Easier Housework

This project was presented in 1954. Leaders reports were submitted in March of 1955. A statistical summary is on the following page.

Bulletins and Mimeos requested or taken from the office:

- 24 A Simple Way to Iron a Shirt
- 9 House Cleaning, Management and Methods
- 7 Help Yourself to Laundry Aids
- 7 Wash Your Blankets
- 1 Methods and Equipment for Home Laundry
- 1 Soap Synthetic detergents
- 1 How to Make Your Washing Machine Last Longer
- 1 How to Make Your Electric Cords Last Longer
- 1 How to Make Your Refrigerator Last Longer
- 1 How to Make Your Ironing Equipment Last Longer
- 1 Vacuum Cleaners
- 1 Care of Your Pots and Pans
- 1 How to Choose & use your Washing Machine
- 1 How to Choose and Use Your Refrigerator
- 1 Selecting a Kitchen Range
- 1 Selecting a Washing Machine
- 1 Guide Posts in Buying Household Equipment
- 1 Guide Posts for Buying Bath Towels, Sheets, Blankets
- 1 Tools for Food Preparation and Dishwashing
- 1 Posture in Housework
- 1 Cloths Moths and Carpet Beetles

64 Totals

Leader's Reports - Easier Housework

Maryetta Gaskill
Cochise County
1955

45.

	Att. at meeting		No. Families doing a better job of sharing work		No. Families who lightened Mothers work load		No. who used better tools		No. who checked posture		No. who improved posture		No who rearranged storage space		No. who simplified or eliminated jobs	
	When Project Presented	When Report Made	Hmkr.	Other	Hmkr.	Other	Hmkr.	Other	Hmkr.	Other	Hmkr.	Other	Hmkr.	Other	Hmkr.	Other
Bisbee Junction Homemakers	10	12			12		1									
Cochise Progressive Pioneers Club	19	15							6		4		7		11	
Double Adobe Homemakers	11	11	8	1	5		2		9	1	3		8		5	
San Pedro Valley Homemakers	11	12	4		3		5		1		1		1			
Silver Creek Homemakers	17	17	8		5		16		16		12		16		16	
Stewart Homemakers	9	NR														
Westside Club	18	19	4	2	2	1	5	1	2		1		4		2	
Sew What? Club	10	NR														
Rucker Canyon Homemakers	8	9	9						6	6		3				
Totals	113	85	33	3	27	1	29	1	40	7	21	3	36		34	

CLOTHING AND TEXTILES

Re-Organize Your Sewing Center

During March, Helen L. Church, Extension Clothing Specialist, spent two days in Cochise County assisting the Agent in developing the clothing project, "Re-organizing Your Sewing Center". The Agent presented the project to 133 homemakers in 9 communities.

Method of procedure:

The project was presented according to the outline prepared by the Extension Clothing Specialist and the Agent. The following were discussed and demonstrated:

1. Sewing equipment and supplies to be stored and suggested storage methods.
2. How to organize a sewing center.
3. Storage facilities which can be built by husbands or carpenters.
4. How to make a portable sewing cabinet.

Results, Observations and Evaluations:

1. Most homemakers were very enthusiastic about this project. Women were not interested in additional storage, or revised storage were pleased to see how much more convenient sewing could be when the ironing board is placed to the left of the machine (placing a work table to the right of the machine is a further improvement but the ironing board is basic).
2. The swivel chair attracted a great deal of attention. Since the price of such chairs is quite high, many women would be interested in learning a practical method for converting old kitchen chairs to castor chairs.
3. A major weakness of this project, so far as Cochise County is concerned, was that only two contractors in the county were able to do planing. Had this been realized earlier the plans could have been adapted to 1-inch lumber.
4. 9 sewing cabinets were ordered from a Willcox contractor by 3 homemakers groups.
5. Mrs. Jack Busenbark, a Cochise Progressive Pioneer, planned and had a sewing center built into her home. She located the center in her utility room where it is convenient to pressing equipment.
6. 6 homemakers groups submitted leaders report forms. Stewart did not have sufficient attendance at the meeting where this project was presented to prepare a report, and Bisbee Junction has since disbanded again. Rucker Canyon was, therefore, the only group to fail to submit a report form.

Leader's Reports -- Arrangement and Storage of Sewing Equipment

Maryetta Gaskill
Cochise County
1955

47.

	Att. at meeting when report was made	No. of Homemakers making at least one improvement in organizing sewing equipment	No. of women who arranged equipment around sewing machine	No. of homemakers who made or had made a sewing cabinet	No. of Homemakers who made or obtained storage devices			
					Divided tray	pegboard	4-H sewing box	Other
Bisbee Junction Homemakers	NR							
Cochise Progressive Pioneers Club	11	6	6	3		2		5
Double Adobe Homemakers	NA	6	4	5				2
Rucker Canyon Homemakers	NR							
San Pedro Valley Homemakers	12	5	1	3	2			8
Sew What? Club	16	2	4					1
Silver Creek Homemakers	18	6	5	2	4	8	2	1
Stewart Homemakers	NR							
Westside Club	13	10	8	4			4	4
Totals	70	39	28	17	6	10	6	21

Wrist P.C.

Making the Best Use of Your Sewing Machine

11 homemakers from 7 clubs attended leader meetings for the project "Making the Best Use of Your Sewing Machine." The meetings were held in two areas of the county with Miss Helen L. Church, Extension Clothing Specialist, in charge. All active homemaker clubs but Sew What? were represented at the meetings.

The Agent presented this lesson to the Sew What? homemakers. The project reached 115 homemakers in 8 communities.

Method of Procedure:

1. The following items were discussed and demonstrated by Miss Church:
 - a. Pressure bar adjustment
 - b. Tension adjustment
 - c. How to do (without an attachment)
Machine basting, tying threads, easing fullness, invisible hemming, hemstitching on a straight edge, invisible finish for a dart, sewing on a button, machine shirring and a decorative outline stitch.
 - d. How to put on rickrack using the edge stitcher or similar attachment.
 - e. How to use the cording foot.
2. The following subject matter was distributed:
 - 147 copies of mimeo "Get the Most Out of Your Sewing Machine"
 - 41 copies of U. of A. Circular, "Your Sewing Machine Attachments"
3. The leaders report form was discussed. The leaders suggested that it include a check list for work done by club members and other homemakers on all items included in the meeting. Leaders reports will be due in March 1956.

Results, Observations and Evaluations:

1. One leader meeting was held in the Singer Sewing Shop in Douglas. This made it possible for leaders to practice the various techniques and prepare samples for their meeting. The Singer folks were very cooperative and seemed very happy to have the homemakers make use of their facilities.
2. A Sew What? homemaker who owned an oscillating machine was pleasantly surprised to learn that her machine would do the decorative outline stitch. She had been told by a salesman that an oscillating machine would not do this type of stitch. Fortunately the hostess also owned an oscillating machine and the Agent was able to show the lady that it could be done. (The

hostess' machine was stitching very poorly, so the Agent also demonstrated how to adjust tensions and do periodic cleaning.)

3. This was probably the outstanding project of 1955. Homemakers have commented on how useful the basic information was to them. Young mothers were impressed with machine hemming, the easy way to put on rick-rack appealed to squaw dress makers, and others felt that the entire lesson gave them ideas that they could use in many ways.
4. Several homemakers have mentioned that they showed relatives or friends what they learned. The lesson could be presented in phases and it was so basic that leaders could present it easily and homemakers could catch-on quickly.
5. Leaders reports are due in March 1956. A summary of them will be included in the 1956 annual report.

Making and Using Dress Forms

The Agent met twice with interested homemakers from the Sew What? group to assist them in making and learning how to use their dress forms.

Four dress forms were made under the direction of the Agent and two more were made later by the homemakers themselves. At least three more women are interested in making forms and plan to do so when they can get together with homemakers who already know how.

Only two homemakers attended the second meeting and only one of these had a dress form. She learned how to mark the form and fit patterns to it and promised to show the other women what she had learned.

The importance of mounting the dress form was given much emphasis; and since these women are not located where they can easily secure the necessary supplies for making the mounting, this phase of the program will require close follow up.

Sewing Machine Clinics

During May Miss Helen L. Church, Extension Clothing Specialist, conducted three sewing machine clinics in Cochise County for the purpose of training the Agent and Miss Bette Mead, Assistant Home Demonstration Agent, Yuma County, to conduct similar meetings. One day each was devoted to the cleaning of three types of machines - Oscilating, long shuttle and rotary.

46 homemakers from 7 communities participated in sewing machine clinics. 39 machines were cleaned and re-adjusted.

Results, Observations and Evaluations:

1. In re-assembling machines the Agent stressed the importance of oiling. Several machines were apparently oiled too well and when the machine was put down in the cabinet, the oil dripped through on the upper tension. The Agent cleaned the upper tension and re-adjusted the machine for one homemaker and advised others by letter.
2. Homemakers attending the clinics were for the most part, thrilled at the opportunity to clean their machines. Many regard this as the best extension project in which they have participated.
3. A few homemakers were frightened by the cleaning process but more of them are happy to learn about their machines. They felt they would be able to take better care of their machines as a result.
4. One long shuttle machine which had been used before the turn of the century but which had been out of service for years was cleaned and put back into service. The machine needed a new belt and a shuttle.
5. On another machine, a bobbin winder which had not been working at all was repaired without purchasing new parts by bending a spring.

Pre-Program Planning

During June pre-program planning meetings in the field of clothing were held in two areas of the county. 13 homemakers from 5 communities were in attendance. Miss Helen L. Church, Extension Clothing Specialist, and the Agent conducted the meetings.

Goals: To train leaders to lead the program planning discussion on clothing in their club.

To discuss topics which may be suited to the needs and interests of homemakers.

To select 3 or 4 topics which homemakers regard as being of foremost interest.

Method of Procedure:

The following topics were discussed:

1. Purpose of meeting.
2. Check sheet on better leader training (See summary attached)
3. Leader interview questions for clothing program planning.
4. Recommended topics since 1952.
5. Trends and project possibilities.

Results, Observations and Evaluations:

1. Major interest seemed to center on clothing construction.
2. Leaders attending the north Cochise County meeting had not interviewed homemakers prior to the meeting. The Agent interviewed the leaders. This helped the leaders to see how the interview could be used. Also, the Agent interviews resulted in more suggested topics than leader interviews. Leaders perhaps need training in using the interview questions.
3. Topics designated by project leaders as being of foremost interest were as follows:

North Cochise County

Pattern Alterations

- *Construction finishes for new fabrics and new styles.
(using fabrics with new finishes - interlinings -
gussets and sleeves).

Foundation Garments

Making Better Dresses

South Cochise County

- *Construction finishes that give a garment a finished look
(belts, sleeves, collars, waistline)

*Tools for Sewing

You and Your Pattern

*Designs that fit the Figure

*(starred topics were selected at the Fall Council for the 1956-and-1957 clothing program).

4. The fact that homemakers were able to select a countywide program for two years from 7 suggested topics indicates that pre-program planning can be effective. Factors which contributed to the success of this activity were:
 - a. The majority of the groups were represented.
 - b. Topics selected by leaders as being of foremost interest were basic and very well explained.

Summary of Check Sheet on Better Leader Training

	Cochise	Double Adobe	Stewart	Rucker Canyon	Westside Club
1. How many members are in your club?	28	20	20	10	30
What is the average attendance?	20	10-15	8-10	6	18-20
Where do you meet?	x	both	both	x	x
Homes?					
Public Buildings?					
2. How many of your members are	4	9	3	5	5
Young women with family?					
Older women with high school	1	3	0	0	10
age family?					
Older women with family away	23	5	17	0	15
from home?					
3. How much time do you have to give your	1 1/2 hrs.	2 hrs.	1 1/2 hrs.	2 hrs.	unlimited
demonstration in your club?					
4. Do the women participate when you ask	yes	yes	yes	yes	yes
for work type meetings?					
Do they want to be entertained?		yes	yes & no	yes	yes
Or do they want to learn?	yes	yes	yes	no	yes
5. Should Specialist's demonstration be					
limited to time? One hour?	no				
Two hours?		x	x	x	
6. Would you like longer LHM's then select					
material best suited to your club?	yes	yes	yes	yes	yes
Would you like to repeat the Specialist's					
demonstration without change?				yes	
7. For certain projects, would it be easier					
for you to give special work meetings					
to these interested, rather than the					
whole club?	yes	yes	N.A.		Yes
8. How many of your club members actually					
make use of information given them?	75%	50%	Most	about half	Most
How can we learn about the use homemakers	After each meeting				
are making of extension information?					

Bulletins and Mimeos requested or taken from the office:

- 164 Get The Most Out of Your Sewing Machine
- 51 Your Sewing Machine Attachments
- 57 You Can Make this Sewing Cabinet
- 11 Sewing Machine Cleaning and Adjusting
 - 1 Portable Sewing Cabinets
 - 5 Buying Your Home Sewing Machine
 - 7 Simple Equipment Needed for Tailoring
 - 1 Simple Equipment for Pressing
- 10 Help Solve Your Fitting Problems by use of Paper Dress Forms
 - 3 Fitting of Coat or Suit Mimeo
 - 1 Finishing Techniques Mimeo
 - 7 Making Bound Buttonholes
 - 1 Make-Overs From Coats & Suits
 - 8 Coat Making at Home
 - 5 Pattern Alteration
 - 2 Fitting Dresses and Blouses
- 16 Stay Stitching
- 12 Making Shirts for Men
 - 1 Making a Dress at Home
 - 3 Dresses Designed for Little Girls
 - 2 Quick Levi Patch
 - 4 Mending Made Easier
 - 3 A B C's of Mending
- 20 Stain Removal From Fabrics
 - 1 Preventing and removing Mildew
 - 1 Clothes Moths
 - 1 If You Dry Clean at Home
 - 1 As Others See you
 - 3 Accessories
 - 2 1st Year Clothing Bulletin
 - 1 2nd Year Clothing Bulletin

406 Total

FAMILY RELATIONSHIPS

There was no countywide program devoted to this topic in Cochise County during 1955.

RECREATION AND COMMUNITY LIFE

Six clubs reported activity in this field as follows:

Cochise Progressive Pioneers

- Our Club has provided the County Hospital with three comfortable chairs.
- It has made six pairs of pajamas for the Willcox Municipal Hospital, and has had the radio repaired, which is used in room I. The club is purchasing a bed tray table for this room.
- * At one of our meetings we enjoyed a very fine travelog and lecture.
- Previous to Memorial Day, a day was spent cleaning the Cemetery grounds.
- As a community service, the Club assisted in various school activities and helped provide refreshments for school entertainments.
- On the last Saturday night of each month, a card party held for community recreation.
- A birthday party was given for Ben Smith, the school janitor, as he was always kind and cooperative in helping this club.

Silver Creek Homemakers

- Held a picnic in July for members and their families and a special family party at Christmas.
- Donated chairs to the County Hospital.
- Donated to the Christmas box for veterans.

Rucker Canyon Homemakers

- Sponsored community parties in June and December.

San Pedro Valley Homemakers

- Assist 4-H clubs in money-raising ventures.
- Secured 4-H songbooks for 4-H clubs.

Double Adobe Homemakers

- Made gifts to donate to Veteran's Gift Shop.

Sew What? Club

- January - All members' Christmas cards were sent to Arizona Children's Home Association at 322 N. 4th Avenue, Tucson.
- \$25 presented to Portal school. A new American flag was purchased among other extras.
 - \$25.00 presented to Rodeo school, and that was used for equipment (games) for the Rodeo youth center.
- May - \$10 contributed to the Valley of the Sun School in Phoenix.
- Sew What? acted as hostess to the Spring Fling, held in Cave Creek Canyon.
- June - Bird slides were shown by visiting ornithologists to raise money for the proposed 4-H Fair building at County Fair Grounds at Douglas. \$23 was turned over to 4-H committee.
- October - A Rummage Sale was held to raise money for our usual Christmas donation to schools, etc. \$66.75 netted!!

HOME BEAUTIFICATION

77 homemakers from 5 communities (Bisbee Junction, Double Adobe, Cochise, St. David and Stewart) attended Special Interest meetings on Home Beautification. Mr. Harvey F. Tate, Extension Horticulturist, conducted the meetings which were held at the homes of Mrs. Lee Culiver, Bisbee Junction; Mrs. E. C. Hill, Jr. Double Adobe; Mrs. Jack Busenbark, Pearce; Mrs. Tom Riggs, St. David; and Mrs. Jean Schmelzla, Stewart.

Method of Procedure:

Mr. Tate discussed and demonstrated the following:

1. Types of ornamental shrubs and trees, and evergreen shrubs and trees
 - a. Their names (common name, if any) and their characteristics
2. Types which are most suitable for the purpose desired
 - a. In the sun or in the shade
 - b. Low to the ground or taller
 - c. In a small or large area
 - d. Amount of water available
3. How to select and arrange plantings for an individual home
4. How and when to plant

Results, Observations and Evaluations

1. Sketches of the homes and suggested plantings were made. Each homemaker was supplied with one of these.
2. The homemakers in St. David, Stewart and Pearce followed through on Mr. Tate's recommendations to set up result demonstrations. Sketches of their homes and plantings are attached.

3. Mary Busenbark, a Pearce 4-H'er, took over the beautification of their yard as a 4-H project. A sketch of her home showing progress achieved is attached.
4. Mrs. Schmelzla has put in climbing roses and Mahonia shrubs.

Bulletins and Mimeos requested or taken from the office:

- 63 Lawns for Arizona
- 61 Roses for the Home
- 30 Ornamental Shrubs
- 30 Some Hardy Evergreen Shrubs
- 9 Growing Annual Flowering Plants
- 8 Herbaceous Perennials
- 1 Perennial Flowering Bulbs
- 1 Flower Planting Outline
- 1 Rockeries
- 5 Control of Arizona Rose Diseases
- 2 Fruit Insect Control
- 8 Control Insects of Flowers, shrubs and Shade Trees
- 3 Arizona Home Gardening

222 Total



Jack Busenbark home, Pearce, Arizona. This view is taken from the south and shows the back of the house before landscaping. Picture taken - February 1955.



Front of Jack Busenbark home. Picture was taken from the northwest.

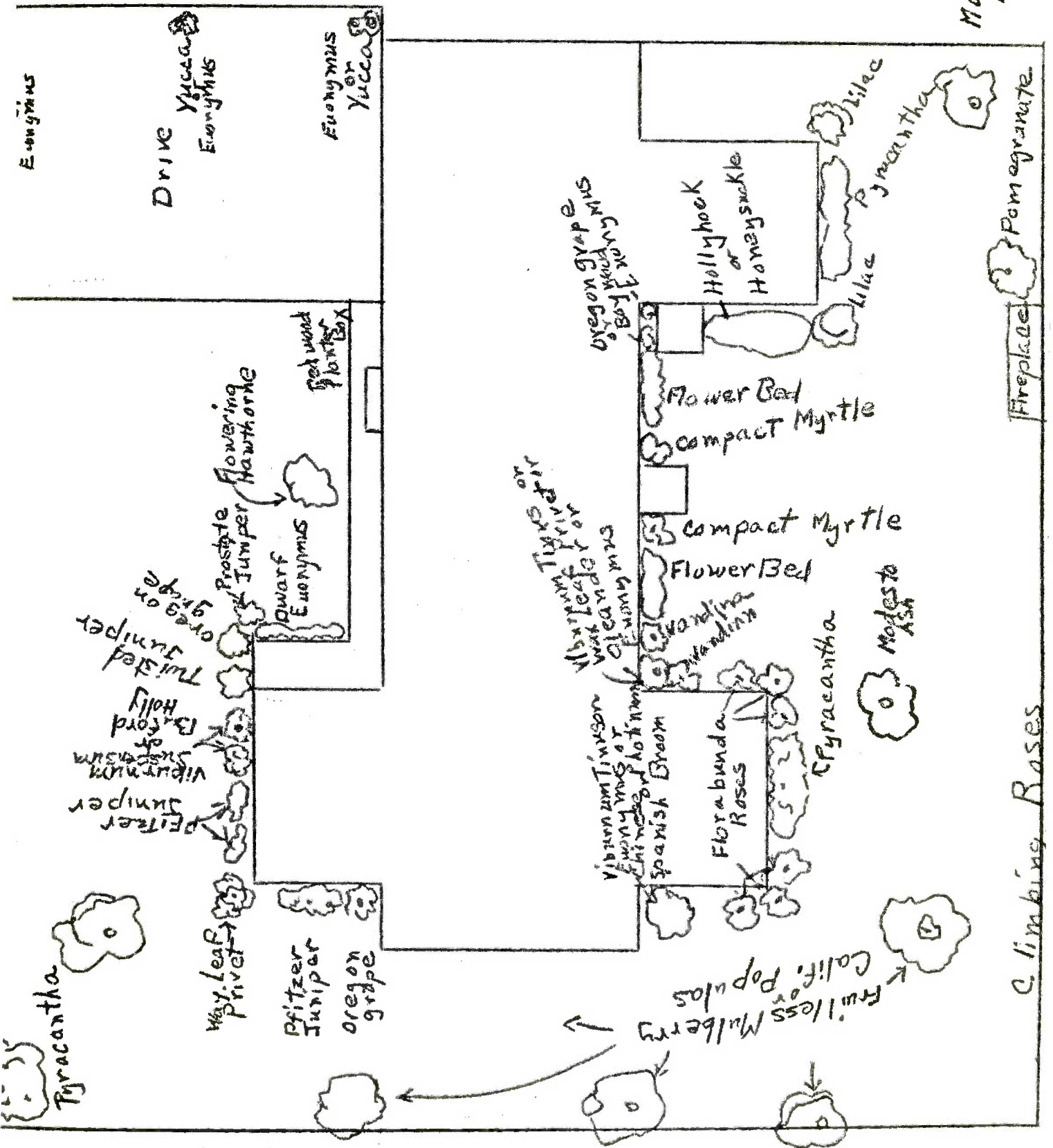


Picture taken February 1955, showing Jack Busenbark home from the southwest. This will be the play area



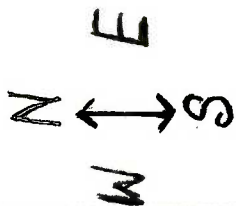
Harvey Tate discussing shrubs suitable for Cochise County home beautification efforts in Stewart Community.

Modesto
Ash

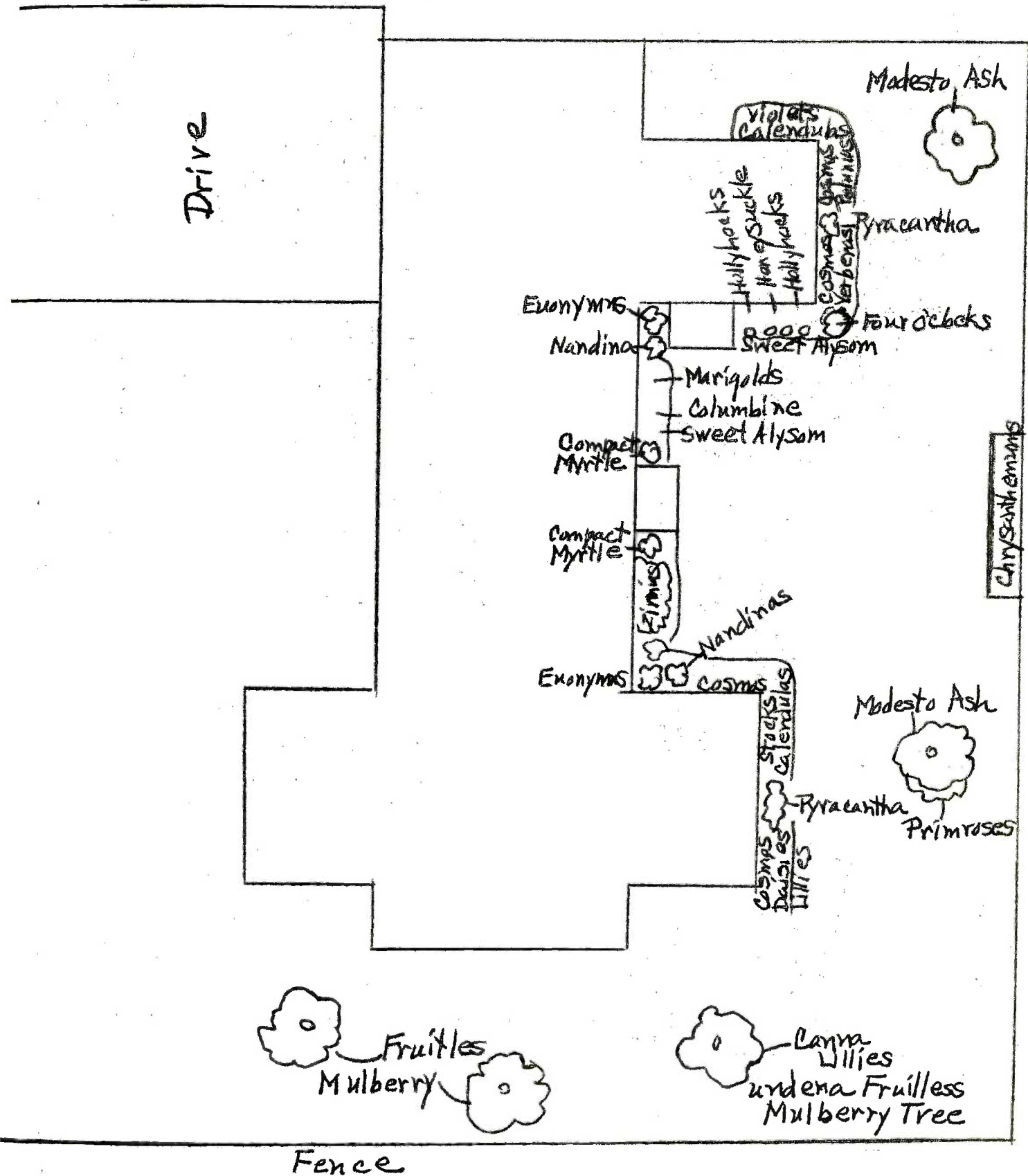


Maryetta Gaskill
Cochise County
1955

Jack Busenbark Home Beautification Yard
August 1955



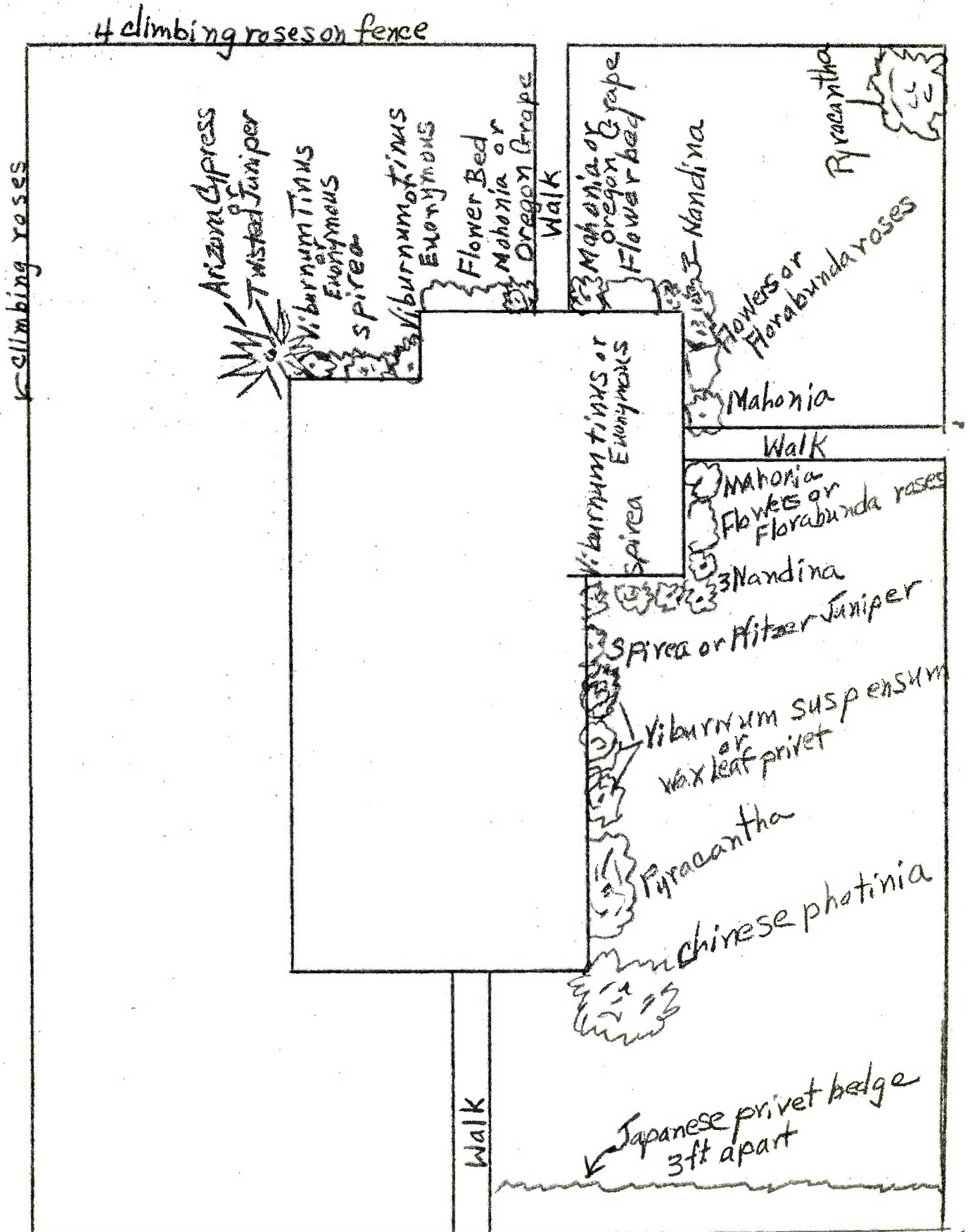
Drive



Maryetta Gaskill
Cochise County
1955

61.

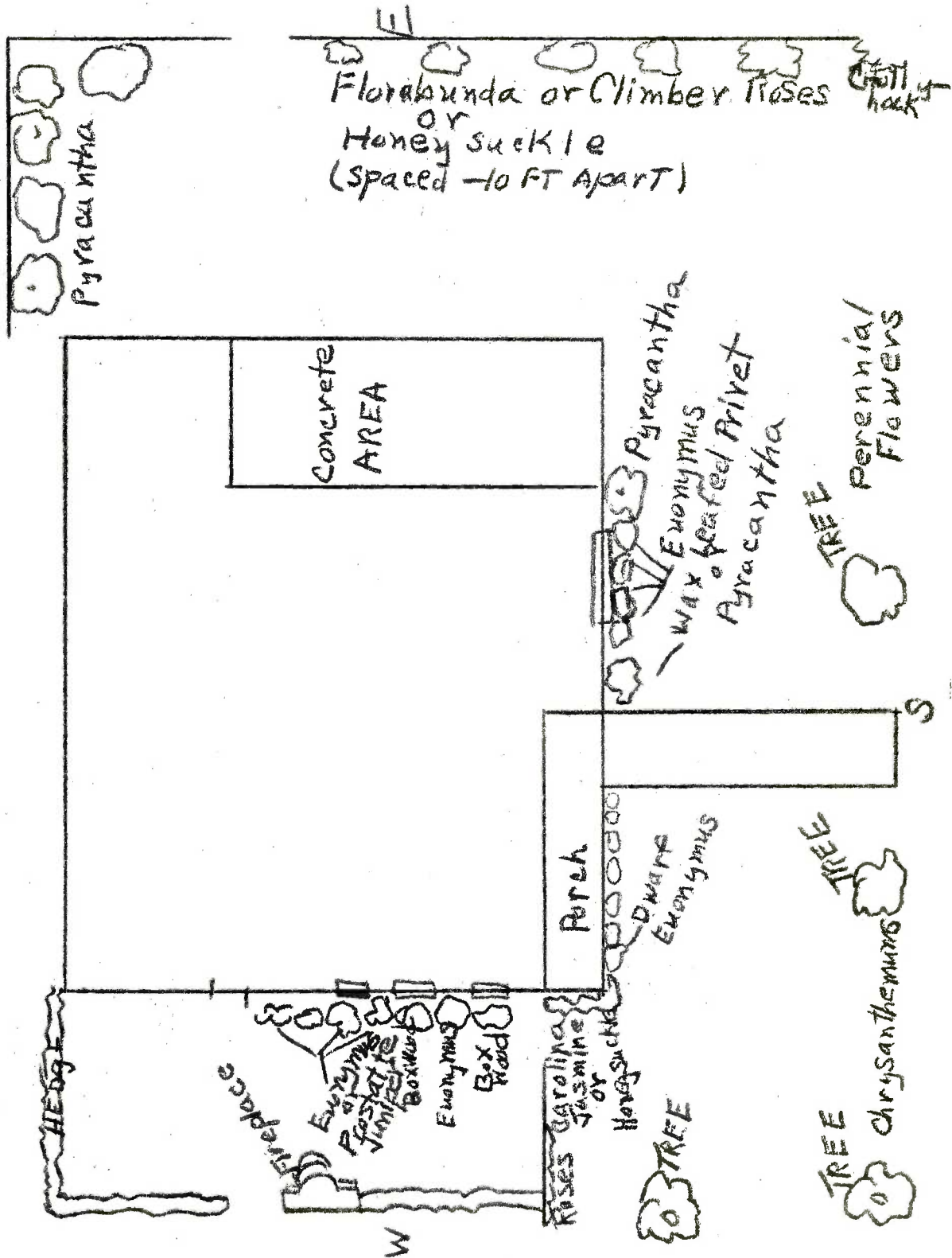
Schmelzla Home
Stewart District, Cochise County
February 1955



Maryetta Gaskill
Cochise County
1955

62

Tom Riggs Home Beautification Home
St. David, Cochise County
April 1955



OUTLOOK AND RECOMMENDATIONS

At a local level the Agent will again meet with all groups to outline the county extension program and to help them plan activities for months not taken by the extension program.

These program planning meetings at a local level get homemaker's clubs started on the right foot. Groups which have a full program are happier and more active clubs. It wasl helps groups to understand and have more respect for their leaders and officers, their club and the Extension Service.

Pre-program planning meetings can serve a vital purpose in Cochise County - that of training leaders to guide their homemakers in selecting a program satisfactory to the needs and interests of the majority. It is hoped that eventually this program can also include definite planning to meet the needs of special interest groups (such as tailoring, wood refinishing, etc.) and for the Council and local leaders to paly a more active role in such a programs.

During 1955 the Agent attended homemakers meetings only to present a project and never as an observer or to assist the local leader. Attendance at leader's meetings was as high or higher than previously and only one club has expressed dissatisfaction with the fact that the Agent does not attend local meetings more often. As a result of this policy the Agent has been able to conduct more special interest meetings.

A special effort was made to secure 1955 leader's reports. Due dates were scattered throughout the year rather than being concentrated in October. When reports were not recieved by the due date, reminder letters were sent to the leaders concerned. This resulted in a higher percentage of reports being received by the office. This policy will be continued in 1956.

Efforts the organize or re-establish homemaker groups in the Kansas Settlement, Bowie, Elfrida and Frontier areas will be continued in 1956.

House and Furnishings

The 1956 program in this field will be "Color In The Home". Two meetings will be devoted to this topic; one meeting to be presented to all clubs by the Agent and another to be presented by leaders after training meetings conducted by the Home Furnishings Specialist.

Food Selection and Preparation

Two projects in this field will be included in the 1956 program. These will be "Winter Salads" and "Thawing and Using Frozen Foods". Both will be presented through leader training conducted by the Agent and/or the Nutrition Specialist.

Clothing and Textiles

The 1956 projects will be "Construction Finishes for a Professional Look" and "Construction Techniques for New Fibers and Finishes". The first to be presented by the Agent to all clubs and the latter through leader training meetings conducted by the Extension Clothing Specialist.

Recreation and Community Life

Council sponsored activities in this field will be:

- Civil Defense programs for homemakers and homemaker groups.
- Securing Rural Library Service
- Securing chairs for the County Hospital
- Securing a First Aid Program.

4-H PROJECT SUMMARY

Clothing and Textiles

30 members enrolled and 24 completed clothing projects making 36 articles and 67 garments.

Food Selection and Preparation

40 members enrolled and 20 completed foods projects preparing 548 dishes and 83 meals. Most of the members failing to complete belonged to new clubs in Elfrida and Cochise which organized near the end of the school year. Their attendance at meetings dropped sharply when school let out.

Room Improvement

8 members enrolled and 7 completed room improvement projects making 30 articles.

4-H OUTLOOK AND RECOMMENDATIONS

Home economics completions dropped 18.67% decreasing from 79% in 1953-54 to 58.33% in 1954-55. The cause for the majority of this decrease centers in three clubs, Cochise Copper Queens, Elfrida Stitch and Stir, and Willcox Up and Comers. The first two were new clubs which organized as summer clubs and

65.
Maryetta Gaskill
Cochise County
1955

were not able to maintain interest and attendance at meetings after school let out. The Willcox home economics leader resigned at mid-year due to health problems and efforts to complete the club year under parental guidance were not successful. Quality of leadership remained high even in the new clubs.

Written program plans were prepared by all home economics clubs.